

# MAY - JUNE, 2016 PROGRESS REPORT



**KYAMULIBWA ANTI - AIDS  
PROGRAM**

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## ACTIVITIES AND MONITORING & EVALUATION OF EACH PROJECT

### 1. Restoration of sustainable environment protection and health enhancement using our natural resources Project



This project was finalized in the month of May, 2016. An evaluation final report was made and submitted to the project funders (Erbacher Stiftung) in June, 2016.

#### How the sustainability of the project is being assured (financially/actual effect)

*Financially;* the kind of trees planted in the model farm bear fruits and such fruits include; coffee, mangoes, avocado, oranges and passion fruits. Currently, KAP is able to harvest passion fruits and sell them for an income. Such income generated supports the maintenance of the model farm and the on-going monitoring of the project.

#### *Actual effect;*

- The members have taken up the responsibility of maintaining the model farm. Here the members have grouped themselves and each group has a day within the week to work and water the plants and gardens in the model farm. Members are self-driven in that they do not someone to push or remind them that they have to work in the model farm.

-Members have engaged their household members through transferring the skills acquired from the project thus having the same goal of improving their standards. The family works together in their gardens and this enables each household member to be in position of maintaining the trees offered by the project either in presence or absence of the first beneficiary.

#### Current status of KAP model farm.



*Passion fruits, mango, coffee, avocado, orange trees planted with Matooke (the staple food for Central Uganda) in KAP model farm.*



*Current Coffee Garden status for one of the KAP members who started a garden just after the Project was launched in January, 2015.*

Although the Project duration ended in May, 2016, the project activities such as maintaining the model farm and the nursery garden are to continue. In the photo below, one of the members is watering the nursery bed.



## **OTHER ON GOING PROJECTS AND UPDATES**

### **I. Youth Intervention Phase III (YIP)**

On Friday 3rd, June, 2016 YIP started with two activities as per the project work plan.

#### ***Activity: 1***

Selecting Youth facilitators: Sixteen youth facilitators were invited for a two days' refresher workshop that took place on the 3<sup>rd</sup> and 4<sup>th</sup> June, 2016.

The workshop was conducted by four facilitators namely:

1. Mrs. Christine Kizanye K: Topics discussed -Targeted group. -Standard Operating Procedures (SOP) for qualitative work.

2. Mr. Ssesanga Deo: Topics discussed -Sensitization and Mobilization as the gateway to peoples’ full participation in a specific activity. Various methods of mobilization: through local leaders, one to one, door to door, group approach and through Mass media & Responsible Behavior.
  3. M/s Ndagire Noeline: Topic discussed -The concept and importance of counseling. – Characters of a good counselor.
  4. Mr. Kayondo Steven: Topics discussed - The concept of a leader. – Characteristics of good leader
- After the workshop, an interview exercise was conducted to select the eight Youth Facilitators out of the sixteen.



*Youth Facilitators, Community Resource Persons and Workshop Facilitators.*

**Activity: 2**

Trainings of the selected Youth Facilitators & meetings with the Community Resource Persons (CRPs) who will help in mobilization.

1. Trainings: Regular trainings have been conducted every evening during the whole of June for the qualitative output
2. The KAP officers have interacted with a good number of Government officers (the DPO, CDO, DHI and DEO), Local Leaders and Head Teachers in preparation for the project. For the whole month of June Youth Facilitators have been visiting and mobilizing schools for the Intervention. They have received great hospitality.



*Youth Facilitators introducing themselves to the Head Teacher of Kisaana Moslem Secondary School and together they prepared the appropriate time table for the Intervention.*



*Youth Facilitators at the induction exercise with the Headmistress St. Benedict Primary school Kiwaawo*

## **2.Visitors and KAP friend visiting KAP projects**

*Angela is KAP's friend and supporter. She worked with the members in the model farm and fellowship activities. Here are the activities done;* weeding in the model garden, grafting of the passion fruits, making of the small gardens for vegetables, learning of how to grow the vegetables like Zucchini vegetables. Seeing Angela involved in the program's activities especially in the gardens and trying to live the village real life motivated the members more to work harder for the betterness of themselves.

At end of the day, Angela introduced a new system of fundraising funds for KAP activities. She brought clothes which she used to earlier just give for free to the residents of Kyamulibwa. The system was that she would sell these clothes to KAP members at a low cost very much affordable by almost every one and funds used for their activities. The members welcomed the exercise and it was successful done on the same day. We managed to collect Ugx.84,000 from this activity. The members agreed that this money be invested in the groups with the already established Co-Save system and that was Kabuswaga Youth Group and Kamukamu Youth Group.



*On Friday, 20th, May, 2016:* She held a meeting with some leaders of Kyamulibwa Youth Development Intervention Group (KYDIG). This is a group of dynamic youth experienced and skilled in different fields. This group is formed from KAP. This group is now a registered Community Based Organization. KAP is in partnership with this group to extend specialized skills to particular project beneficiaries for a given specific projects.



*On Wednesday 25<sup>th</sup>, May:* She engaged in the exercise of producing noodles and dads with the Noodles Women Group.



We are so grateful to Angela for the good relationship she has created with KAP and the members at large.

### **3. Effective And Efficient Use Of Available Resources Project**

KAP received €600 from our donors purposely for constructing model modified traditional stoves as a pilot exercise.

**Activity 1-** Selection of beneficiaries for model modified traditional stoves. We selected 11 families as beneficiaries from 8 different categories i.e. Very old Heads of House Holds, Widows, HIV infected, HIV affected, very poor Heads of house holds, active members of KAP, Single mothers, 8.House Holds with orphans and vulnerable children. A house hold must have had a kitchen.

**Activity 2:** Training of beneficiaries by the youth facilitators from KYDIP on how to set up the modified traditional stove using the available resources. This was a theory and practical training.

**Activity 3:** Trained beneficiaries to have modified traditional stoves in their household. Eleven House Holds have benefited from the project.

**Activity 4:** Beneficiaries trained to maintain their own stoves.

**Below is an example of such stoves used by most households in the Uganda village set up;**



This traditional stove would require more firewood. By its nature, a lot of fuel in terms of firewood is used .

**Below is the modified traditional stove and 11 families have so far benefited from this project.**



*Saverina 70yrs KAP member & Nayiga Tola 71yr scilent amongst the beneficiaries*

In order to reduce on the consumption of wood, a modified traditional stove can be used regardless of how many members in each household. This modified traditional stove would require less firewood. By its nature, less fuel in terms of firewood is used to cook more than one dish because it is closed and hence maintains the cooking

temperatures for a longer period unlike the open stove. The residents can always use the wood pruned from the coffee or fruit trees as fire wood in this modified traditional stove that requires much less wood instead of cutting a full tree for firewood. This would reduce the encroachment on the ecological diversity as a result of cutting down trees for firewood purposes.

The residents can also use the dried peels from the food like matooke, cassava and sweet potatoes in such modified traditional stoves to cook.



*Family members collecting firewood pruned from coffee trees*

#### **4. Mobile Money Services:**

I am glad to report that the process of registering for Mobile Money Services is soon to be accomplished. All the papers for the registration are ready.

#### **5. Health Talks & HIV/AIDS Counseling At Kyamulibwa Health Center Iii.**

Every Monday of the week, KAP staffs go to Kyamulibwa Health Centre III to give health talks and HIV/AIDS counseling services to patients at this health center.

Here we exchange ideas concerning various health issues ranging from good sanitation, personal hygiene, and abstinence from sex for the unmarried, use of condoms, Sexually Transmitted Infections (STIs), early pregnancies, rape, defilement, and balanced diet, among others.

#### **May, 2016**

In the month of May, 2016 the topic was all about SANITATION. Here we shared ideas with patients in the OPD (outpatient department) on personal hygiene, cleaning of our places, makeup of the toilet, storage of our utensils and clearing of the bushes around our homes. We emphasized the point of cleanliness in whatever we do.

The same topic was taken to the AIDs/HIV patients department.

#### **June, 2016**

In the month of June, 2016 the main topic was FOOD SCURITY AND NUTRITION. Here we talked about the three types of foods that are essential for a person to be healthy. They are: -Energy foods

Body building foods -Protective and regulative foods



This has been a talk given to all Out Patients on every Monday of this month. Then from here we continued giving counseling services to the patients in the HIV/AIDS clinic

## **6. Promotion Of Small Gardens In The KAP Model Farm**

From the recently closed project related to the sustainable environment conservation and improvement of standards of living, it has been realized that residents actively participate in any cause to protect their environment as well as improving their standards of living. During the conduct of the project, it was realized that some of the residents do not own land and others are located on small pieces of land. Some residents rent their homes and with limited space of land, they may not be in position to plant big gardens and yet they wish to participate in self-development. Some of these residents end up not having food supply for their households mainly resulting from ignorance on how to utilize the few resources they have.

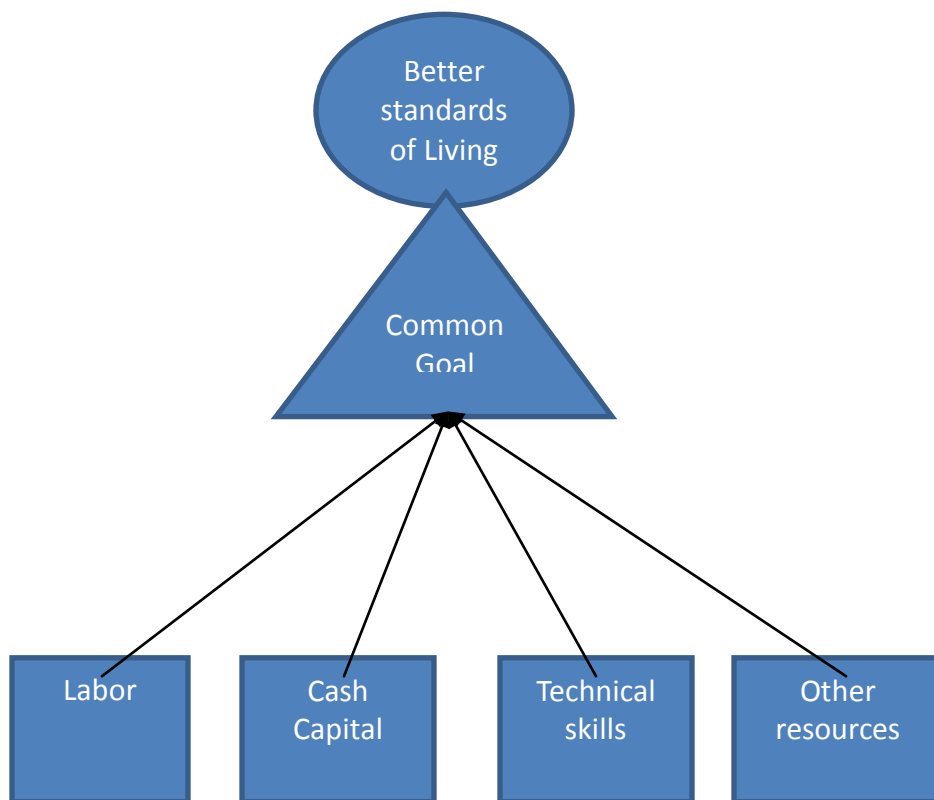
As such, KAP created small gardens in the model farm which included mainly vegetables and Uganda indigenous food as a way of educating the members that they could actually utilize any small piece of land to benefit from it. KAP has also decided to look for a strategy on how to empower such people on the way to improve their standard.



**KAP members working in the small gardens at KAP model farm.**

## 7. Fellowship project.

Here people with different resources with a common interest come together and make a project together.



### **KAP fellowship model farm;**

As a way of generating income for KAP, we also engage the members in fellowship activities. Here the members grow some vegetables, bananas, tomatoes, cabbages, green paper, cereals like peas, maize & ground nuts. This also acts as a fellowship model farm. As members get involved in this KAP fellowship farm, they are further encouraged and motivated do the same in their communities. Below are the current crops in the KAP fellowship farm;



*One of the KAP members with some of her children during KAP fellowship activities at the model farm as per the model farm maintenance schedule especially during holidays*

## Other Fellowship Activities; Residential House Construction

Nabachwa Rose, one of KAP members and representative of the Vulnerable to the KAP board was faced with a very great challenge when her dwelling house was destroyed by a heavy rain storm. This was an old mud made house. From the trainings and Income Generating Activities she had made, she had been able to make bricks by herself. With the help of the visitors like Angela and KAP Program Initiator, some materials were bought to support in the construction of the house. Fellow KAP members have also assisted her in bringing these materials and water to the site. The construction of the house is in progress.



Members of KAP collecting some of the building materials like bricks and timber at the site as the spirit of fellowship.

## 8. “Tugabane Olwenkulakulana Project” (Let’s Share For Development Project)

This project was started to enable KAP members and KAP clients to increase on their income generating activities. It also aims at extending the given animals to other beneficiaries in order to promote income generating activities in most households thus being able to improve standards of living and reduce dependency.

The project is going on well. The beneficiaries are happy with the lively animals and birds. One member was unfortunate that his pig died of swine fever. KAP has worked with the village veterinary doctor to extend the necessary support for the animals given to the members so that there minimal animal disease challenges. Below are some of the chicken given out and now grown.



*The actual state of chicken*

**9. Produce project:** At stock we have 2119 kgs of maize to be sold in July, 2016 at a complimentary market.

**10. Kids' project.**

We are happy to inform you that all KAP sponsored kids were able to report at their respective schools for the second term on the 6<sup>th</sup>, June, 2016. They are all in good condition.

**Others:**

1. Our transport challenges were solved by the provision of the motorcycle funded by our partners Konvoi Der Hoffnung. The motorcycle was bought in the names of KAP and therefore is an asset of KAP. This motorcycle helps us in our day to day operations of the organization especially monitoring of the project activities and program field activities. We are so grateful to the management of Konvoi der Hoffnung.



2. We have always had to go to stationaries to do our printing, photocopying and scanning of documents. We are so grateful to KAP friends who donated some funds and we were able to buy an all in one printer. This will greatly reduce on our administration costs.



Thank you so much for the support towards improvement in the Uganda citizens' standards of living.

**Together we can do more**

***END***